

+ PERSONAL WELLNESS



A Relaxed Outing at the Park



Design Ideas for Relaxed Recreation at Puente Hills Landfill Park



Promoting Mindfulness through Design

Experiencing nature, spending time with family and friends, and simply relaxing have also proven to be good for mental health and wellbeing. Some of the features and activities planned to promote this type of wellness include educational gardens, wildlife viewing, wide open spaces, picnic areas, vistas and overlooks, and a hands-on nursery.



- Nature Viewing
- Scenic Overlook
- Wildlife
- Educational Signage
- Performance
- Dog Run
- Family Friendly
- Picnic
- Plant Nursery



A Sense of Place What does creating an active communal space look like to you?

